

## Using Basic Aid Training to Meet Boy Scouts of America Readyman Requirement

Readyman Requirements	BAT lesson
<b>Do All of These:</b>	
Explain what first aid is. Tell what you should do after an accident.	PM p 1 IM p 25
Explain how you can get help quickly if there is an emergency in your home. Make a "help list" of people or agencies that can help you if you need it. Post it near a phone or other place with easy access.	PM p 4-5 IM p 30
Show what to do for these "hurry cases:" <ul style="list-style-type: none"> <li>• Serious bleeding</li> <li>• Stopped breathing</li> <li>• Internal poisoning</li> <li>• Heart attack</li> </ul>	PM p 11, 15, 33 IM 41-43, 61-65, 90-91 (heart attack not covered)
Show how to treat shock.	PM p 7 (General Care) IM p 32-34
Show first aid for the following: <ul style="list-style-type: none"> <li>• Cuts and scratches</li> <li>• Burns and scalds</li> <li>• Choking</li> </ul>	PM p 14-16, 18-20, IM p 51-56, 60-64, 79
Tell what steps must be taken for a safe swim with your Webelos den, pack, family, or other group. Explain the reasons for the buddy system.	PM p 38-41 IM p 114-115 Guide to Safe Scouting
<b>And Do Two of These:</b>	
Explain six rules of safety you should follow when driving a bicycle.	PM p 51 IM p 151-152
Plan a home fire escape plan for your family.	PM p 27 IM p 74-75
Explain how to use each item in a first aid kit for a home or car.	Not covered
Tell where accidents are most likely to happen inside and around your home.	PM p 24 IM p 25
Explain six safety rules you should remember when riding in a car.	PM p 48-49 IM p 148-150
Attend a first aid demonstration at a Boy Scout troop meeting, a Red Cross center or other place.	Rescue breathing, choking and bleeding skills practiced in BAT.